



N A R R O W T E X

26th Estcourt Biathlon

(1 km Swim & 5 km Run / Solos or Teams of 2)



& Triathlon

(1 km Swim, 10 km MTB Ride & 5 km Run / Solos or Teams of 2 or 3)



on

SUNDAY, 5^h February 2012

Time: 9am

at

Wagendrift Dam Estcourt



MEDALS TO ALL FINISHERS - PRIZES GALORE !!

Come along and enjoy this traditional family day with us. There will be ample secure parking. Food and refreshments on sale in very beautiful surroundings.

Don't forget the EKZN Wildlife gate fee on entry to the dam!

ENTRY FORM OVERLEAF

For more information contact:
Mark Sykes 082 374 2034



Organised by
Estcourt 74 Round Table



Estcourt Biathlon & Triathlon

5th February 2012 @ 9.00am

Entry Form

PRE ENTRIES (Close Friday 30th January 2012)

ENTRIES

- Bank Details : Bank: **FNB Estcourt**
 Branch Code: **220325**
 Acct Name: **Estcourt Biathlon**
 Account No: **5220 112 8032**
 Reference: **Initial and Surname**
- Fax Confirmation of Payment to : **086 633 2332**
 or email to **msykes@vodamail.co.za**

ENTRY COST: BIATHLON Solo Entrant : R 70-00 each
 Team Entry : R 100-00 per team of 2
 TRIATHLON Solo Entrant : R 80-00 each
 Team Entry : R 120-00 per team of 2 or 3
 Over 60 : R 50-00

- ENTRIES ON THE DAY: 1. Cash Only
 2. Additional R 10-00 per person
 3. From 07h00 to 08h30

**PLEASE NOTE
 NO WETSUITS WILL
 BE ALLOWED**

	Solo / No 1		No 2		No 3	
Surname:						
First Names:						
Address:						
Tel No:						
Age Category		M A L E F E M A L E		M A L E F E M A L E		M A L E F E M A L E

PLEASE TICK APPLICABLE OPTION:

BIATHLON

TRIATHLON

AGE CATEGORIES: 12 years & younger JJ
 13-16 years J
 17-40 years S
 41 years & older V

AMOUNT PAID: _____
METHOD: _____
RECIEPT NO: _____

INDEMNITY

I will participate entirely at my own risk, having no claim whatsoever against anyone involved in the organizing of the Biathlon/Triathlon, the Marshals or the Sponsors. There will be no refunds to any entrant who withdraws from the event for any reason. In the event of the race being cancelled on the race day for reasons beyond the organisers' control, no refunds will be due to the entrants.

Signature: (Guardian if under 18 years)	1.	2.	3.
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